



# Kinetic Energy And Work

Dr. Venkat Kaushik  
Phys 211, Lecture 11  
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# Clicker Question 1 (30 s)



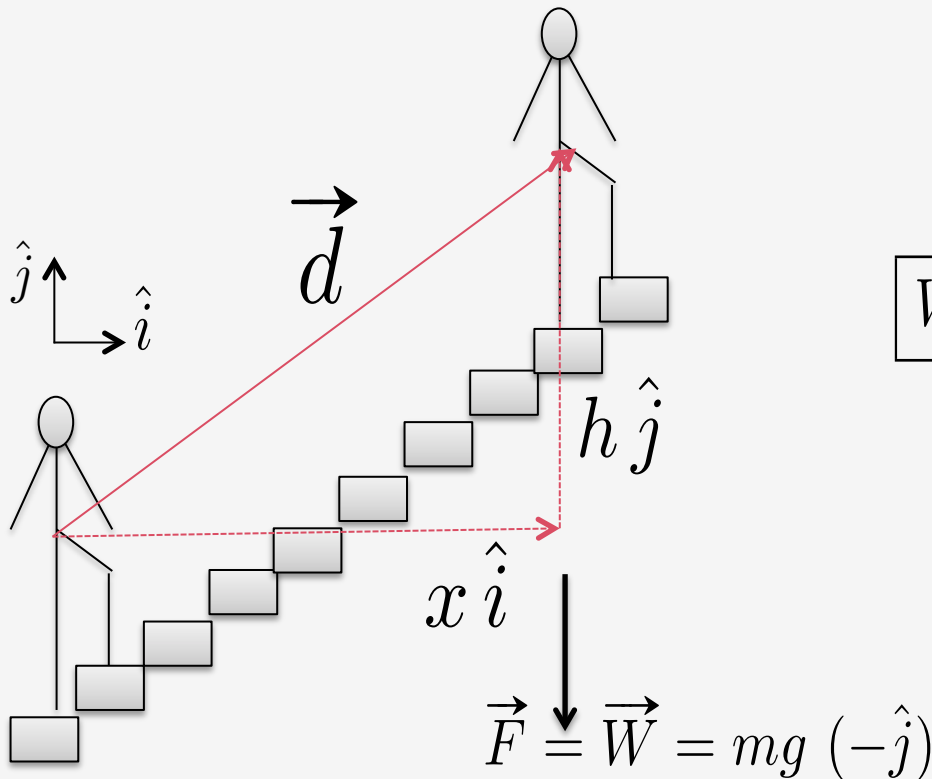
- A rope which weighs 2 lb/ft is overhanging from a building 100 ft tall.
- The fully extended length of the rope is 50 ft.
- Consider the work done against gravity in pulling the rope up from the top of the building and answer the following
  - A. More work is done in pulling the top half of the rope compared to the bottom half
  - B. Equal work is done in pulling both halves
  - C. More work is done in pulling the bottom half of the rope compared to the top half
  - D. Cannot be determined

# Work: Gravitational Force

- Example: Gravitational force (weight) acting on an object can do work.

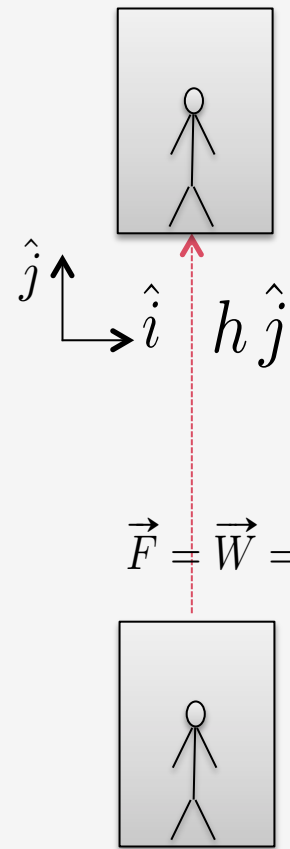
$$\begin{aligned}W &= \vec{F} \cdot \vec{d} \\&= -(mg \hat{j}) \cdot (x \hat{i} + h \hat{j}) \\&= -mgx(\hat{j} \cdot \hat{i}) - mgh(\hat{j} \cdot \hat{j})\end{aligned}$$

$$W = -mgh$$



# Work: Gravitational Force

- Note: In the previous example, if we took the elevator straight up (by a height “h”) the amount of work done by gravity would be the same as taking a flight of stairs of height “h” and length “x”. Or any other path for that matter. The work done by gravity is independent of the horizontal displacement.
- Note also as the object goes “up” against gravity, the energy is transferred from the object into the system, therefore work is negative

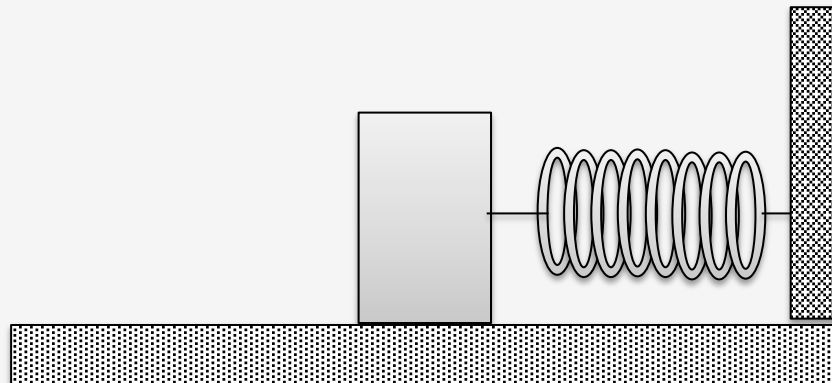


$$\begin{aligned}W &= \vec{F} \cdot \vec{d} \\&= -(mg \hat{j}) \cdot (h \hat{j}) \\&= -mgh(\hat{j} \cdot \hat{j})\end{aligned}$$

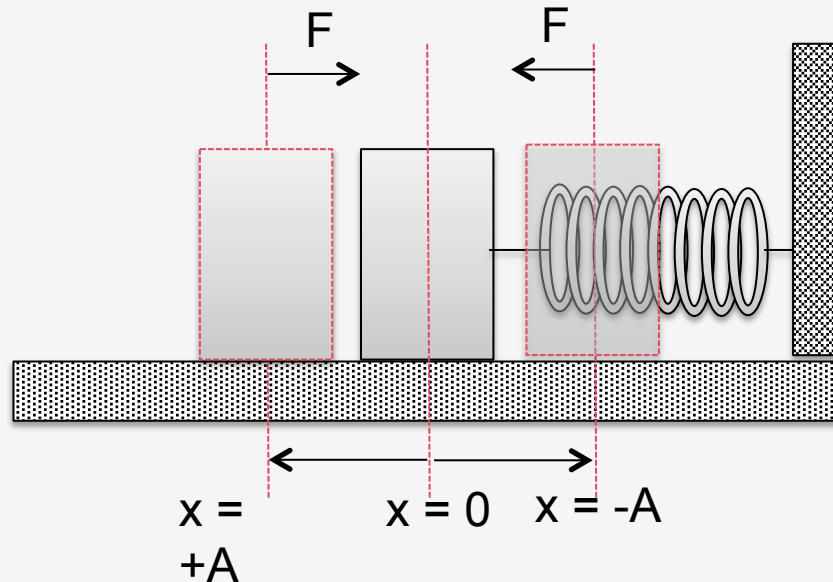
$$W = -mgh$$

# Work: Spring Force

- Consider mass-spring system shown. Ignore friction.
- Force exerted by spring (to bring it back to relaxed position) is called the “restoring” force.
- Force exerted on the object (that stretches or compresses the spring away from it’s relaxed position) is called the “applied” force
- Applied force and restoring force are equal in magnitude and opposite in (horizontal) direction



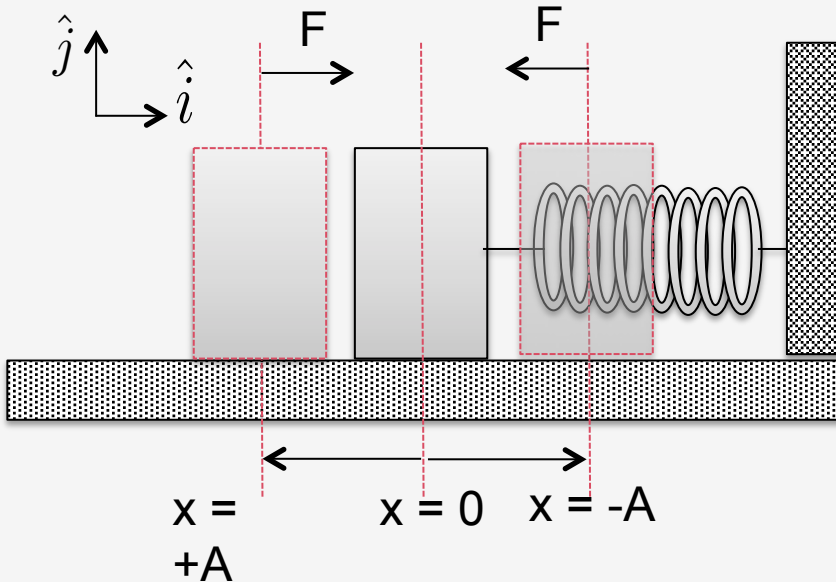
# Work: Spring Force



$$\vec{F} \propto \vec{x}$$
$$\vec{F} = -k \vec{x}$$

- Restoring force vector and displacement vector are opposite to each other.
- For small displacements the restoring force is proportional to displacement (linear spring).
- The constant “k” is the spring constant and is a measure of the “stiffness” of the spring. Larger the value of “k”, stiffer it is. It’s value depends on material, temperature and other factors. Units: N/m

# Work: Spring Force



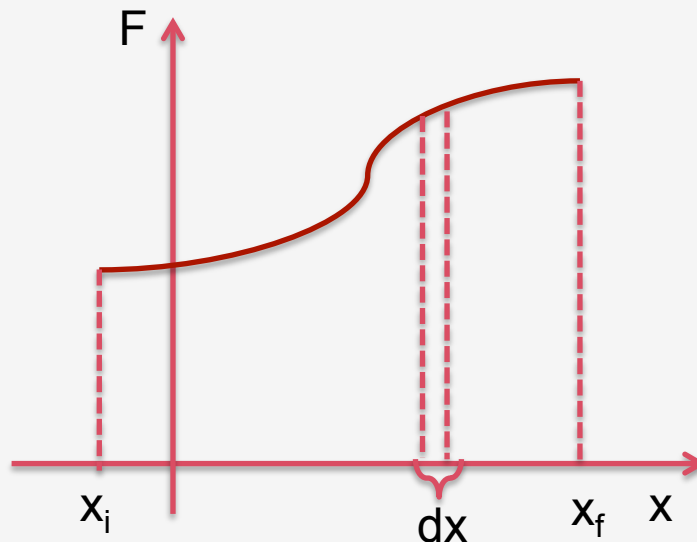
$$\begin{aligned}dW &= \vec{F} \cdot d\vec{x} \\ &= -k x \hat{i} \cdot dx \hat{i} \\ W &= -k \int_{x_i}^{x_f} x dx \\ &= \frac{1}{2} k (x_i^2 - x_f^2)\end{aligned}$$

- Note: Work done by spring force is zero for any displacement that ends where it began ( $x_i = x_f$ )
- Work done by spring for a displacement of  $x_f$  from relaxed position ( $x_i = 0$ ) is:

$$W = -\frac{1}{2} k x_f^2$$

# Work: Variable Force

- In general the same work formula applies to a variable force.
- The work done can be graphically calculated by finding the area under the curve from a Force vs. displacement graph



$$W = \int_{x_i}^{x_f} \vec{F} \cdot d\vec{x}$$



# Power

- Power is the rate of doing work
- If a force does work of  $W$  in a time  $\Delta t$ , average power is:

$$P_{avg} = \frac{W}{\Delta t}$$

- The instantaneous power is:

$$P = \frac{dW}{dt} = \vec{F} \cdot \vec{v}$$

- Units: J/s or watts (W)